

OSCIL'S

Signs of Independence

Ocean State Center for Independent Living (OSCIL)

Spring 2016

OSCIL ANNOUNCES OPENING OF NEW SATELLITE LOCATION and 28th Annual Meeting and Open House

Last year (2015) was a very busy and exciting year for OSCIL. With the closing of the only other CIL in Rhode Island in 2014, our board and staff geared up to accept the challenge to continue vital services to our community. As a result, OSCIL implemented an extensive expansion of our programs experiencing an 83% increase in total consumers served over the previous year.

As a result of our expansion of services, OSCIL is pleased to announce the opening of a new satellite location at 175 Main Street in Pawtucket (across from Slater Mill). All OSCIL services will be available from this location. Callers to our Pawtucket location should still call our regular number of 401-738-1013 and will then be connected by our receptionist.

We hope you will join us for our 28th Annual Meeting and Open House on Tuesday, April 26th from 11 am—1 pm at our new Pawtucket location. See details below.

SAVE THE DATE!

28th Annual Meeting & Open House

Date & Time: April 26th~11 am—1 pm

Place: 175 Main Street, Pawtucket, RI

Agenda: Welcome
Business Meeting/Presentations
Tour of Facility
Luncheon

RSVP to 738-1013 by April 19th. A Sign Language Interpreter will be available. Please contact our office in advance for other accommodations.



175 Main Street, Pawtucket, RI

Board of Directors

President: Henry Tarlian
 Vice-President: Jose Lobaton
 Treasurer: James Bateman
 Secretary: Stephanie Clang

Members at Large

Gerry LeFebvre
 Lydia LeFebvre
 Janet Lobaton
 Judy May
 Pat McCrone
 Anne McDonald
 Rep. Eileen Naughton
 Susan Shapiro
 Douglas Wood
 Janice Wray

OSCIL Staff

Executive Director: Lorna Ricci
 Linda Bradley: Home Access Coordinator
 Tim Flynn: IL Coordinator/PCA Program
 Helen Iasimone, Program Director
 Gloria Jacques: Finance Assistant
 Michelle Machado: IL Coordinator
 Carol McKenna: HR/Communication Mgr.
 Margaret Molloy: IL Coord./Deaf Services
 Brian Nichols: Home Access Assistant
 Corrine O'Donnell: Info & Referral
 Beth Pinkham: Program Supervisor
 Lynne Powers: Office Manager
 Melissa Rosenberg: IL Coordinator
 Mireille Sayaf: Finance Director
 Heather Schey: Receptionist
 Gloria Stuart: Equipment Loan Coordinator
 Leslie Tracy: IL Coordinator
 Cheryl Walason: IL Coord./Housing & Transition

Catherine T. Murray Memorial Scholarship

The deadline for applications for this scholarship is March 25, 2016. For more information and/or to download an application, visit our website at www.oscil.org.

Sign Up For OSCIL Email List

OSCIL has established a new email list to keep our consumers, friends and the community informed of upcoming news and events.

If you would like to be included on this list, please visit our website at www.oscil.org and click on the "Email Sign-up" link and enter your name and email address and click "Subscribe".

OSCIL on Facebook

Did you know that OSCIL has a Facebook page? If you are on Facebook, you can find our page by searching for "OSCIL" in the Facebook search bar. Please "like" our page and share with anyone you feel may be interested our services.

We are pleased to announce that Helen Iasimone has been hired as our new Program Director. Welcome Helen!

LUNCH & LEARN WORKSHOPS

OSCIL's *Lunch & Learn Workshops* are going strong with new and informative topics each month. The sessions are held at our Warwick location at 1944 Warwick Avenue on the last Wednesday of the month. To rsvp please call 738-1013.

March 30th

- Lunch & Learn Topic: "Top Ten Reasons People Go into Nursing Homes" - addressing increased safety ideas for the home. Presenter: Julia Win ~ 12-2 pm
- AUTOMARK ACCESSIBLE VOTING UNIT DEMONSTRATION: Also on March 30th from 10 am – 12 pm, Mr. Rob Rock from the Secretary of State's office will be on-site to demonstrate the accessible voting unit that will appear in all polling places for the April 26th, 2016 presidential primary. The Automark voting unit is a ballot marking device designed to assist voters in successfully marking their ballots.
- A new assistive device is now available for demonstrations: *Google Life Sciences* is the maker of "Liftware", a tremor-stabilizing tool for individuals with motion disorders such as Essential Tremor, Parkinson's Disease, and Multiple Sclerosis. The sensors in the handle detect tremor motion and counter balance the tremor. For more information visit their website at www.liftware.com.
- The United Way 211 Outreach RV will be onsite at OSCIL from 12-3 p.m. A representative from *Aids Project Rhode Island* will be on board to answer questions about their services. The 211 RV schedule can be found at www.211ri.org.

Upcoming Lunch & Learn Workshops

April 27th ~ 12-2 pm ~ Presentation: *Mobility Impairments: Ways to Address Barriers to Independence in your Home and Community*. Presenters: Tim Flynn, OSCIL IL Coordinator & OSCIL Staff

May 25th & June 29th 12-2 pm ~ Presentations: *Sports and Recreational Opportunities for Individuals having Mobility Impairments to Participate in with Family and Friends*. Activities include sailing, tennis, golf, bicycling, water sports and more!

New Partnership

A new partnership *between New England Low Vision and Blindness* and *Freedom Scientific* now offers even more consumer choice.

This partnership allows *New England Low Vision and Blindness* to exclusively offer visually impaired people in the six New England states and the professionals who serve them, a wider selection of low vision and blindness products and services through *Freedom Scientific*.

For more information, contact them at 888-211-6933 or call OSCIL at 738-1013 and speak to one of our Assistive Technology Program staff members, who will be happy to assist you.

IN-SIGHT Workshops

This Spring, In-SIGHT is offering free workshops to the visually impaired. One topic is "Non-24" which is a sleep disorder that some people who are blind experience.

- Date: March 31st
- Time: 1 pm-2 pm
- Place: IN-SIGHT, 43 Jefferson Blvd.
Warwick, RI

Registration: www.in-sight.org for this or any other workshop.

iOS Training @ SBVI

If you are a client of SBVI and need training on the accessibility features on your iPhone, iPad or iPod, SBVI is now offering training sessions.

For more information call, Sandy Pritko at 462-7907.

OSCIL 2016 MEMBERSHIP DRIVE

OSCIL's membership year begins May 1, 2016. All members receive our newsletter, an invitation to our Annual Meeting and mailings about upcoming events.

The suggested tax-deductible donations are: \$5 for persons who are not employed and \$25 for others. A business or organizational membership is \$100.

You may download a copy of our membership form at our website: www.oscil.org. You may also request one via email to cmckenna@oscil.org or call 738-1013.

As always, membership is *not* necessary to participate in OSCIL's services.

Ride Program News

The Ride Fare Ticket will be sold individually and will cost \$4.

The ticket is valid for one trip on the Ride Program ONLY. Passengers must present the ticket to the Ride Driver or cab driver upon boarding.

The new Ride Fare ticket is available online now at or at the following locations:

- Shaw's Supermarket
- Kennedy Plaza Ticket Window
- Newport Gateway Center
- Rhode Island College
- Stop & Shop (Available mid-April)

RIPTA will continue to accept all RIPTIKs and 15 Ride Passes indefinitely.

For more information visit their website at www.RIPTA.com.

RIPTA Launches New 10-RIDE Pass

RIPTA introduced a new 10 Ride Pass on March 1st. The new pass, which includes transfers, costs \$20.00 and is good for 10 single rides.

The 10-Ride Pass is available at RIPTA ticket vending machines, the Kennedy

Plaza Ticket Window, Shaw's, and Eastside Marketplace, www.ripta.com, and onboard all RIPTA fixed-route vehicles.

Work Incentives Public Information Sessions

If you are an individual currently receiving SSI or SSDI benefits and would still like to work, attend one of the following workshops to learn more.

March 15

Middletown Public Library, Middletown

Session A: SSI 1:00-2:15 pm

Session B: SSDI 2:30- 3:45 pm

April 25

South County/West Bay (location to be determined)

Session A SSDI 5:30-6:45 pm

Session B SSI 7:00-8:15 pm

You may attend one SSI session and one SSDI session!

To register by phone: 456-2764

TTY RI Relay: 711 or 800-745-5555

Or email questions to:

esollecito@ric.edu.

Mention of any product, service, or event in this newsletter does not constitute any endorsement or recommendation by OSCIL.

Wheelchair Tennis Anyone?

Wheelchair tennis clinics are being held at Dartmouth Indoor Tennis. There is no cost for these clinics and all skill levels are welcome. Clinics are held on Friday nights.

Time: 7:30—9:30 pm

Dates: 3/25, 4/8, 4/22, 5/6, & 5/20

Attend all or just one. Contact Thomas Dodd at 401-523-9864 for more information or to register.

Rhode Island Disability Law Center

The Rhode Island Disability Law Center (RIDLC) provides free legal assistance to persons with disabilities. Services include individual representation to protect rights or to secure benefits and services; self-help information; educational programs; and administrative and legislative advocacy. The agency administers eight federally funded advocacy programs, each of which has its own eligibility criteria. For assistance call 831-3150 or TTY 831-5335.

Deaf Deaf World

On April 16th from 9-11 am, the Community College of Rhode Island (CCRI) will host "*Deaf Deaf World*" at the Lincoln Campus, 1762 Louisquisset Pike, Lincoln, RI. They are in need of Deaf volunteers to help. For more information contact Mary Earl at maryearl1@gmail.com or Jesus Remingo at jesus4asl@gmail.com.

American Red Cross Offers Free Smoke Alarms

As part of the Home Fire Preparedness Campaign, the Red Cross will install FREE smoke alarms within your home. Visits generally last 20 minutes.

During your home visit, you will receive:

- Installed smoke alarms if no working smoke alarms are present in the home.
- Guidance in the development of a Family Disaster Plan
- Valuable emergency preparedness tips and information

To schedule your visit, register at www.redcross.org/ct/schedule-a-visit or call 1-877-287-3327 and choose option 1.

Resources for Veterans

RI Vet Corps and the Westbay Community Action Agency provides community-based access to social services, local resources, and government benefits for military veterans and their families.

For more information contact your local CAP agency or call OSCIL's Information and Referral Specialist at 738-1013.

Upcoming Community Events

PRIMETIME SENIOR LIVING EXPO

A free event for older adults and caregivers. Enjoy music and line dancing, health screenings, such as blood pressure and oral cancer screening, preventative health information, rehabilitation, home health, hospice, housing and more.

- WHEN: April 14, 2016
- TIME: 10 am-3 pm
- WHERE: Warwick Mall

For more information call: American Health Resource Inc. at 508-588-1700

WALK MS

Walk MS is thousands of people walking to raise money to create a world free of Multiple Sclerosis.

- Walk MS Providence 2016 – April 17
- Walk MS Narragansett 2016 – April 17
- Walk MS Bristol 2016 – May 1

Your participation in this event will provide over 18,000 people and their families with assistance. Contact 1-800-344-4867 for questions or to sign up for a walk. Or visit www.msnewengland.org.

IMAGINE WALK & FAMILY FUN DAY FOR AUTISM

The Autism Project is hosting the Annual Imagine Walk and Family Fun day for Autism on Sunday, April 24th at Goddard Memorial State Park from 9am to 1 pm. All proceeds raised helps parents and school districts participate in a training series to better the lives of children living with Autism. This two kilometer walk has many fun activities including face painting, reptiles, inflatables, and more.

Contact: Julie Montalbano at 785-2666 or email her at jmontalbano@lifespan.org.



Ocean State Center for Independent Living
1944 Warwick Avenue, Warwick, RI 02889
Office Hours: Monday-Friday 9 am-4 pm

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WARWICK, RI
PERMIT NO. 644

Office: 738-1013 Voice *Spring 2016*
244-7792 VP *Newsletter*
Toll Free: 1-866-857-1161
Email: info@oscil.org
Website: www.oscil.org

Return Service Requested

MISSION OF MERCY FREE DENTAL CLINIC

June 4-5, 2016 ~ Doors open at 6 a.m.

Location: CCRI Lincoln Campus, 762 Louisquisset Pike, Lincoln, RI

RI Mission of Mercy is a two-day dental clinic where treatment is provided at no cost to individuals who cannot afford dental care and who do not have a regular dentist. Children under 18 must be accompanied by a parent or guardian. Services are provided on a first come first served basis until they have reached capacity for the day. Due to the high volume of patients, this clinic may not be able to treat all dental problems. Dental services include cleanings, X-rays, fillings, root canals on front teeth, and some tooth extractions. All denture services are on Saturday followed by fittings on Sunday. Crowns, full dentures, root canals on molars and extractions of impacted wisdom teeth are not provided. For further details, visit www.rimom.org.